



Dance & Get Fit Line Dance Class

Instructed by Pamela Meridith

This course will:

- Teach You to Dance
- Improve Your Balance
- Improve Your Confidence
- Help Burn Calories
- Support Mental Wellness

**DANCE YOUR WAY
TO NEW FRIENDS AND FUN!**

No Dance Partners Required
No Previous Dance Experience Needed

Register at the Continuing Education Building
located on the BRTC Pocahontas campus, College Drive,
between the hours of 8:00 a.m. and 3:30 p.m.

For additional information or alternate registration:
Call 870-248-4180, e-mail cally.shore@blackrivertech.edu,
or visit our website at www.blackrivertech.edu/community/cce
and click on Pocahontas Campus.

**Corporate &
Community
Education**

Date:

Thursdays

Sept. 5 - Oct. 10

Time:

6:00 - 7:30 p.m.

Cost:

\$45.00

Registration

Deadline:

Thursday,

August 29

